Year 1 Summer C

Strive 4 Primary PSHE Knowledge Organiser for
The core theme: Relationships
The focus of the unit is: My Family

Strive 4Academy Trust

Key Knowledge

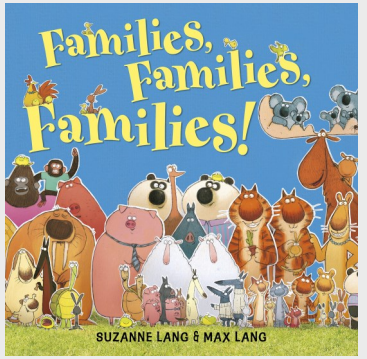
Different families

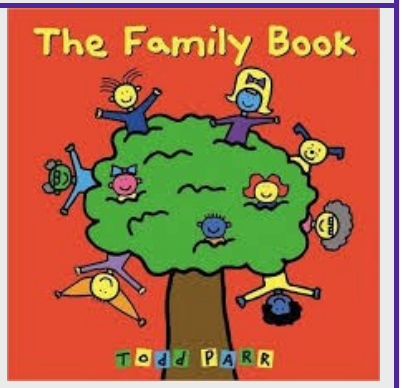
There are lots of different people that can be in a family.
One family might have different family members from another family.

Sometimes though, families go through tough times together.
It's important to look after each other when something difficult or sad happens.
Sometimes, we need to talk to someone who isn't in our family and ask for help when something about our families is upsetting or worrying us.

Word	Picture	Definition
Family		A family is two or more people who are connected by biology, adoption, marriage, or strong emotional bonds. Families can look very different from each other, but all family members usually love and care for each other very much
Unhappy		A feeling of not being happy
Unsafe		A feeling of not being protected and at risk of harm.

Helpful books





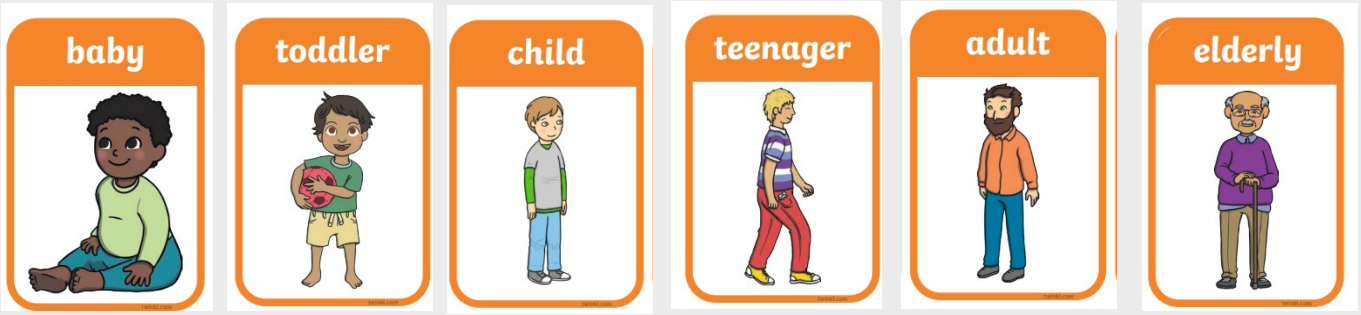
Year 1 Summer D

Strive 4 Primary PSHE Knowledge Organiser for
The core theme: Health and Wellbeing
The focus of the unit is: RSHE

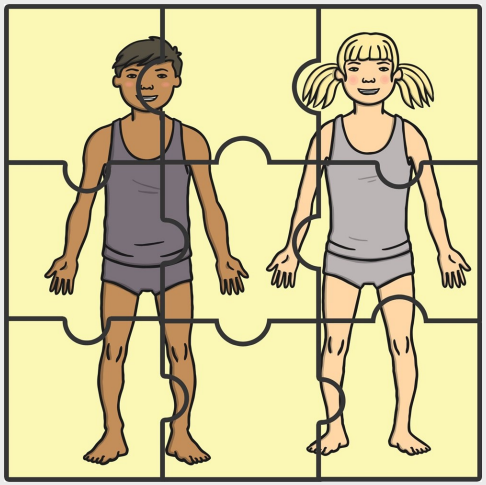
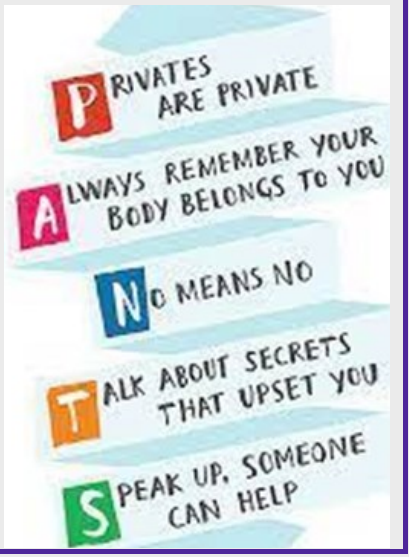
Strive 4Academy Trust

Key Knowledge

How we change as we grow



Different clothes cover different parts of our bodies
Underwear covers our private parts



Word	Picture	Definition
Private		Something hidden from view, or preventing persons or things to be viewed by other people.
Private parts		Underwear covers up your private parts
Teenager		A person aged between 13 and 19.
Toddler		A young child just beginning to walk