Ray Lodge Primary School
Safeguarding Newsletter

Summer 2026

Dear parents/carers

Welcome to the summer edition of our parent/ carer safeguarding newsletter. In this issue we will focus on ways to support children with managing transitions.

Thank you, as always, for your continued support in helping our children feel safe, happy and ready to thrive. We hope all of our families enjoy a safe,

Spotlight on: Managing Transitions

Just like adults, children cope with changes and transitions in different ways. Some people breeze through with excitement and others feel anxious and need more support. Here are some tips to help support your child:

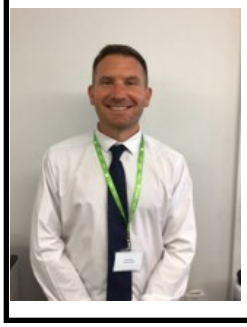
1. Be positive! – How you react to change will strongly influence your child and if you feel anxious, so will they. Talk about the positive elements of change – new experiences, new opportunities and meeting new people.
2. Focus on the constants: moving class with their peers so their friends will still be with them, they will still see familiar adults and many routines will be the same.
3. Look at our curriculum information on the school website to check out the topics they will be covering in their new year group to help them feel excited about the year ahead.
4. Listen to any concerns but don't go looking for them – remember that most children will be excited about the move and are more than ready for it.
5. Keep in touch with friends during the holidays so that those connections stay strong.

The Safeguarding Team

If you have any concerns about a child's welfare or safety, please speak to a member of the schools safe-guarding team.



Ms S O Connor – Designated Safe-guarding Lead (DSL)



Mr Nick Miller – Deputy Designated Safeguarding Lead (DDSL)

Useful contacts:

NSPCC: 0808 800 5000

https://www.nspcc.org.uk/about-us/contact-us/

https://costofliving.redbridge.gov.uk/foodbanks/

https://debtfreeadvice.com/

https://www.redbridge.gov.uk/crime-and-public-safety/reach-out/ (domestic abuse support)

https://www.talkingtherapies.nelft.nhs.uk/redbridge/ (mental health support)

For online safety messages please see tips on school's fortnightly newsletter.